

# X40 Elliptical Trainer



The X40 elliptical trainer combines high-quality components and the most natural feel available to deliver an exceptional workout experience. The closeness of the footpads mimics a natural running or walking gait. A flatter ellipse motion and long, 20-inch stride length also produce a more comfortable stride.

## KEY SPECS

<b>Resistance System</b>	ECB magnetic braking system
<b>Resistance Range</b>	1 – 20
<b>Flywheel</b>	23 lbs
<b>Pedals</b>	Oversized with rubber insert
<b>Stride Length</b>	20"
<b>Pedal Spacing</b>	0"
<b>Step On Height</b>	10"
<b>Warranty</b>	Lifetime frame and brake 5 years electronics and parts 2 years labor
<b>User Weight</b>	325 lbs
<b>Extra</b>	Oversized water bottle holder Multi position handlebars
<b>Assembled Dimensions &amp; Weight</b>	73.5" x 30.5" x 64" 192 lbs

